

Strides to Success Overview: Strides is a premier accredited facility that serves as a resource for families, corporations, organizations, and schools that utilizes authentic learning experiences to foster positive character and leadership development. Strides, a non-profit organization and is committed to positively impact the emotional, mental, behavioral and social challenges of children and families that are at-risk or have special needs. Strides is the first facility in the United States to earn accreditation incorporating mental health standard in Equine Assisted Services. In the 2020 year 250 students were served.

Year Founded: May of 2004 Strides to Success is a non-profit organization that holds 501 (c) 3 status.

Counties Served: 5
Hendricks
Morgan
Boone
Marion
Hamilton

Staff: Key Organization staff: 5 Barn staff: 5
Executive Director: Debbie Anderson, CTRI, ES/MHL, CEIP/ED, & E3A certified
Mental Health Provider: Heather Teilke, LMSW & PATH certified ES, EAGALA certified
Instructor: Savvanah Smith, ES/MHL, Shannon Thomas, Kristy Parnell, Melody
Education Specialist: Blair McKissock, PhDEducation, CTRI, ES/MHL

School System Partners:
Speedway Township Schools
Wayne Township Schools
Plainfield Schools
Avon Schools
Indianapolis Public Schools

Community Partners:
Susie's Place
Department of Children Services
Indianapolis Veterans Hospital
Resource Treatment Center
Choices

45 Volunteers Served in 2017
Board hours: 128
Staff volunteer hours: 1400
Program Volunteer hours: 1600
Community Group volunteer hours: 300

Programs:

- **Equine Assisted Learning (EAL)-** School based program that partners teachers and the Strides staff together to design and implement authentic learning programs that foster positive behavior, teach life skills and are based on the Indiana Academic Standards. Primarily designed for use in elementary and middle schools as a behavior intervention program and an alternative to suspension or expulsion.
- **Mental Health Services** - Mental health providers partner with the Strides staff to develop and implement treatment plans for individuals and groups. Session with the horse are more personal and in-depth therapy session and serves as an alternative to conventional "talk therapy". Strides specializes in adolescents that have suffered sexual or physical abuse and adoptive families. Our Pink Ponies program serves the local women's shelter and teaches life skills to prevent women from returning to their abusers. In addition, children that have been victims of sex-trafficking also participate in the Pink Ponies program.
- **Strides to Leadership-** Certified facilitators guide youth groups and corporate management teams through a variety of activities that enhance work performance by improving communication, efficiency, and productivity while having a great time! This is a tax-deductible staff development program that will support school programs for at-risk and disadvantaged youth.
- **K.I.D Coaching** – Customized experiential mentor programs for youth ranging from 6 to 21 years of age with a focus on life skills that apply to their everyday challenges. Participants are usually referred by parents, school counselors and therapist.
- **HorseWork Education** – A nationally recognized two-day workshop that teaches mental health and education professionals how to incorporate equine assisted learning into their classroom environment. Since 2005, centers representing 50 states attended this workshop. Our mission is to assist other centers in duplicating our programs nationwide.

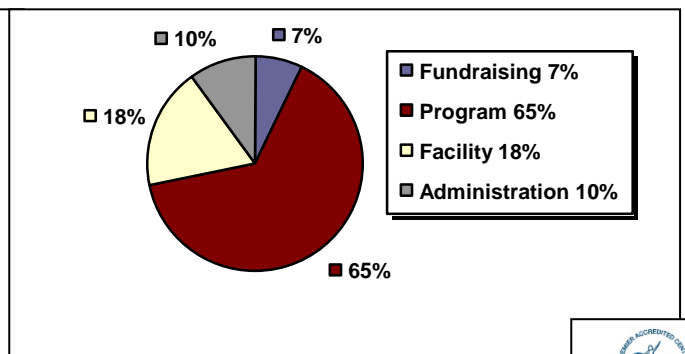
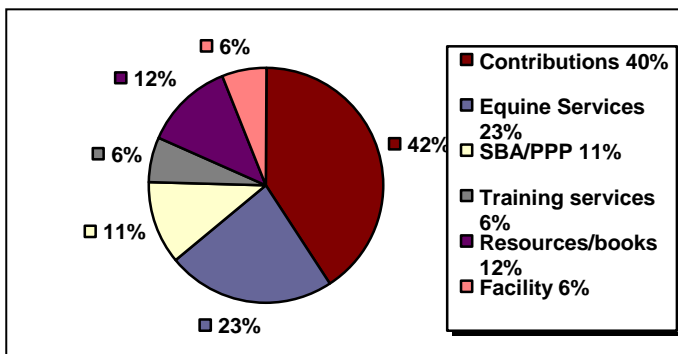
Strides Equine Assisted Programs Serves:

Attention Deficit Hyperactivity Disorder	Attention Deficit Disorder	Autism	Intellectually Gifted
Emotional/Behavioral Problems	Learning Challenged	Developmentally Delayed	Families
PTSD	Domestic Violence	Sexual Abuse	Corporations
Visually and Hearing Impaired	At-risk youth	Disengaged youth	Self seeking learners

FINANCIAL PROFILE

2021 PROJECTED INCOME: \$200,000
2020 INCOME: \$180,802.73

2021 PROJECTED EXPENSES: \$200,000
2020 ACTUAL EXPENSES: \$174,515.33



Strides to Success is proud to be a Professional Association of Therapeutic Horsemanship Premier Accredited Center. PATH sets program standards and safety guidelines for programs, and certifies instructors in the United States and Canada.

